

ICCC

ATTEND A REGIONAL
AND GET £5 OFF AT
NATIONALS

All-Star Cheer & Dance CHAMPIONSHIP Events

GRAND CHAMPION
BANNER & GIVEAWAYS

2013

GET MORE
FOR LESS

CHEAPEST NATIONALS IN
UK

NATIONALS ONLY £19
PER-DAY
ALL TEAM COMPETE
BOTH DAYS

MAR/23-24/13

2014 BIDS TO WORLDS
ORLANDO, FL

NATIONALS
2 SPRING
FLOORS IN
WARM-UP

AMERICAN JUDGES

PERFORM ON FULL SIZE
SPRING FLOOR
52x42

JOIN THE CONVERSATION
#ICCNORTHERN
#ICCSOUTHERN
#ICCNATIONALS
#ICCSUMMERJAM

MARLY
DANCE FLOOR @
NATIONALS

2014 BIDS TO NCA
DAYTONA BEACH, FL
ALL STAR WEEKEND

TOP 4 GET TROPHIES

2014 BIDS TO WORLDS UNIVERSITY
ORLANDO, FL

2013 BID WINNERS TO WORLDS
AEC
GOLD STAR
RISING STARS
RSD
SURREY STARLETS

ALL EVENTS ARE
OPEN ALL COUNTRIES
AND TEAMS
NO MEMBERSHIP FEE
NO HIDDEN COST



ICC CHEER AND DANCE CHAMPIONSHIP EVENTS. Please select your event.

<input type="checkbox"/>	NORTHERN	Jan/19-20/2013	Norbeck Castle, Blackpool
<input type="checkbox"/>	Southern	Feb/02/2013	Guilford Spectrum, Guildford
<input type="checkbox"/>	British Open NATIONALS	Mar/23-24/2013	Nottingham Ice Arena, Nottingham
<input type="checkbox"/>	ALL-STAR WEEKEND SUMMER JAM	Jul/20-21/2013	Norbeck Castle, Blackpool

CONTACT INFORMATION

FOR WCC USE ONLY!

Contact Person	Date Received
Address	Team Roster Received
Mobile Phone	Payment Received
E-mail address (1) (please add our domain (w-cheer.net) as a SAFE sender to your email account)	Liability & Wavier Form
E-mail address (2)	

REGISTRATION CHECK LIST

<ul style="list-style-type: none"> ✓ Completely read and understand USASF rules and divisions from our website: www.W-Cheer.net. Please Email with any guidelines that are unclear. Verification of Stunt legality will be done by video review only. ✓ Read and understand Payment Policy. Mail completed registration form with payment to WCC office. Faxed or emailed registration pack will not be accepted. <p style="text-align: center;">World Cheerleading Coalition (ICC) Unit 25 Burners Lane Kiln Farm, Milton Keynes MK11 3HA Email: admin@w-cheer.net</p> <p>I. Office hours Monday-Thursday 10am-4pm Tel: 07943804058 Outside UK +447943804058</p> <ul style="list-style-type: none"> ✓ Completely fill in the Contact info. Registration confirmation and all other correspondence will be sent via E-mail. ✓ Read and sign Cancellations and Refunds policy. ✓ Each program may bring TWO coaches at no charge. Each additional coach is a £15 / £25 per coach fee. (Register your coaches with WCC for free coach pass Click here) ✓ Please make a photocopy of registration pack and keep for your program (All confirmations will be sent via e-mail) Should you not received a confirmation after 7 days please let us know 	<ul style="list-style-type: none"> ✓ Late Registration Fees: Add a £125 late fee PER TEAM (section, page 5) if your completed registration and full balance payment will not be received in the WCC Offices by the balance due date listed at the bottom of page 5. ✓ Follow the payment deadlines. ✓ Program liability & waiver (must be fully completed) form and the Sportsmanship Agreement. ✓ Select payment deadline on team registration page. Changes after deadline selected will apply a fee. ✓ FILL OUT A TEAM ROSTER FOR EACH DIVISION ✓ ENTERED i.e GS, and PS. Please use our excel file to log in team roster (s). Click here (save to your computer) ✓ Crossover (s) (double duty) only applies when competing under that same program not two different programs. *We cannot guarantee changes on the running order for crossovers. ✓ All incomplete registration packs will be sent back. To Guarantee current payment deadline use RECORDED delivery <p>*Spectator Ticket: A link will be sent out with confirmation. All pre-order tickets must be purchase through program director Competitor pass, Coach pass, Running Order ect will be inserted in coaches pack and can be collected on the day</p>
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PAYMENT POLICY

<ul style="list-style-type: none"> ✓ Payments accepted by a single cheque made out to WCC ✓ Mail completed registration forms to WCC office ✓ Payments received after the current deadline will be accessed a late fee NO EXCEPTION. All fees including late fees must be paid in full before teams or stunt groups will be allowed to compete. 	<p>Returned cheque £35 and may result in termination of payment deadline.</p> <p>*All fees apply to each payment deadline: Replacements (per competitor) £15 (plus current payment entry fee) Add on £15, Change Team Name £25 / Change division £35</p>
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Refund and Cancellation Policy

I, as Coach/Sponsor, understand that there are no refunds on deposits for any reason. For a refund, minus all deposits, written notice of cancellation must be received in the WCC office prior to the current payment deadline. There will be no refunds of any payments after current payment deadline. I have read and understand the Refund and Cancellation Policy. Management has the right to refuse entry. I also understand WCC payment deadline policy. (Completed forms and payment must be in WCC office on or before current payment deadline to avoid being charged the following payment deadline fee). We do not refund individuals who have been removed from your team roster.

Coach/Sponsor	Date
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CHEER TEAM DIVISIONS			
Tiny Level 1	5 yrs & Younger	5-32 Members	Males Allowed
MINI - 8 YEARS & YOUNGER			
Level 1		5-32	Males Allowed
* L1 Small		5-15	Males Allowed
* L1 Medium		16-21	Males Allowed
* L1 Large		22-36	Males Allowed
Level 2		5-36	Males Allowed
Level 3		5-36	Males Allowed
YOUTH - 11 YEARS & YOUNGER			
Level 1		5-36	Males Allowed
*L1 Small		5-15	Males Allowed
* L1 Medium		16-21	Males Allowed
* L1 Large		22-32	Males Allowed
Level 2		5-32	Males Allowed
*L2 Small		5-15	Males Allowed
*L2 Medium		16-21	Males Allowed
*L2 Large		22-32	Males Allowed
Level 3		5-36	Males Allowed
Level 4		5-36	Males Allowed
Level 5		5-36	Males Allowed
JUNIOR - 14 YEARS & YOUNGER			
Level 1		5 - 36	Males Allowed
Level 2		5 - 36	Males Allowed
*L2 Small		5-15	Males Allowed
*L2 Medium		16-21	Males Allowed
*L2 Large		22-36	Males Allowed
Level 3		5 - 36	Males Allowed
Level 4		5 - 36	NO Males
Level 5		5 - 36	NO Males
Co-Ed Level 4		5 - 36	1 or more Males
Co-Ed Level 5		5 - 36	1 or more Males
SENIOR – AT LEAST 1 MEMBER 15 YEARS & OLDER			
Level 1		5 - 36	Males Allowed
Level 2		5 - 36	Males Allowed
*L2 Small		5-15	Males Allowed
*L2 Medium		16-21	Males Allowed
*L2 Large		22-36	Males Allowed
Level 3		5 - 36	NO Males
*Small L3		5-20	NO Males
*Medium L3		21-30	NO Males
*Large L3		31-36	NO Males
Co-Ed Level 3		5 - 36	Males Allowed
*Small Co-Ed Level 3		5-15	1 to 4 Males
*Medium Co-Ed Level 3		16-21	1 to 6 Males
*Large Co-Ed Level 3		22-36	1-18 Males
Level 4		5 - 36	NO Males
*(NEW) Level 4.2		5 - 36	Males Allowed
Co-Ed Level 4		5 - 36	Males Allowed
*Small Co-Ed Level 4		5-15	1 to 4 Males
*Medium Co-Ed Level 4		16-21	1 to 6 Males
*Large Co-Ed Level 4		22-36	1-18 Males
Level 5		5 - 36	NO Males
Co-Ed Level 5		5 - 36	Males Allowed
*Small Co-Ed L5		1-20	1 to 4 Males
*Medium Co-Ed L5		5-30	1 to 6 Males
*Large Co-Ed L5		5 - 36	1-18 Males
INTERNATIONAL DIVISIONS - 14 yrs & older			
International Open	L5, L6	5 - 24 members	NO Males
International Open Co-Ed	L5, L6	5 - 24 members	1-12 Males
SPECIAL NEEDS			
Special Needs			Unlimited
OPEN - 17 YEARS & OLDER			
Open Level 6		5 - 36 members	NO Males
Open Unlimited Co-ed Level 6		5 - 36 members	5+ Males
UNIVERSITY			
University All-Girl			5 - 36
University Co-Ed			5 - 36
School			
Elementary Level 1,2, or 3			Males Allowed
High School JV Level 1,2, or 3			Males Allowed
High School Varsity Level 4 or 5			NO Males
High School Varsity Co-Ed Level 4 or 5			Males Allowed
*Split Division if needed			

USASF RULES FOR 2012/2013 SEASON.

PLEASE VISIT WWW.W-CHEER.NET FOR MORE DETAILS.

CHEER TEAM NOTES

- ✓ For Complete rules and guidelines, please visit our web site www.W-Cheer.net and view the Rules & Safety Guidelines book.
 - ✓ Be sure to read and understand all Rules & Safety guidelines before turning in registration paper work.
 - ✓ Performance cannot exceed 2 minutes and 30 seconds. Timing will begin with the first note of music or the first stunt.
 - ✓ The age that participants are as of August 31st, 2012 will be the age they are to compete at for the 2012-2013 season.
 - ✓ **The oldest participant on any team determines the age group that team will enter.**
 - ✓ Coach or Sponsor is required to carry proof of age for all team members.
 - ✓ Cheer Division skill limitations are set using USASF guidelines. Please visit our website www.W-Cheer.net or www.USASF.net for a list of all divisional guidelines.
 - ✓ For the best possible score all Cheer Teams should exhibit Jumps, Dance, Stunts, Tumbling, Pyramids and Tosses.
 - ✓ Participants may cross compete where applicable.
- School team divisions are limited to the level listed. They are not required to perform all skills at that level.

***Group Stunt / Partner Stunt Preliminaries:
Held at Southern Regional 2013 and Northern Regional 2013
(excluding international teams)**

Group Stunt & Partner Stunt

**UPDATE:
STUNT ROUTINES LIMITED TO 1:15
MINUTES**

PARTNER STUNT DIVISIONS UP TO 1 MALE 2 PARTICIPANTS

Youth	11 yrs & Younger
Junior	14 yrs & Younger
Senior	15 yrs & Older
Open	16 yrs & Older
University	Registered Student

GROUP STUNT DIVISIONS UP TO 5 PARTICIPANTS

Mini	8yrs & Younger	up to 1 Male
Youth	11 yrs & Younger	up to 1 Male
Junior	14 yrs & Younger	NO Males
Junior Co-Ed	14 yrs & Younger	up to 3 Males
Senior	15 yrs & Older	NO Males
SR Co-Ed	15 yrs & Older	up to 3 Males
Open	16 yrs & Older	NO Males
Co-Ed Open	16 yrs & older	up to 3 Males
University	Registered Student	up to 3 Males
University	Registered Student	NO Males

STUNT DIVISION NOTES

- ✓ For complete rules and guidelines please visit our web site www.W-Cheer.net and view the Rules & Safety Guidelines book.
- ✓ Be sure to read and understand all Rules & Safety guidelines before turning in registration paper work.
- ✓ The age that participants are as of August 31st, 2012 will be the age they are to compete at for the 2012-2013 season.
- ✓ The oldest participant on any stunt group determines the age division that group will enter.
- ✓ Coach or Sponsor is required to carry proof of age for all team members.
- ✓ Performance cannot exceed 1 minute and 15 seconds. Timing will begin with the first note of music or the first stunt.
- ✓ Mini thru Senior Partner Stunt and Group Stunt Divisions follow USASF Level 5 Guidelines

**Top 4 Placements from each Divisions
will be eligible for British Open 2013**

DANCE TEAM DIVISIONS

(minimum of 7 member with no maximum)

8 YEARS AND YOUNGER

Tiny (Open)	5 years & younger	Males Allowed
Mini (Open)	8 years & younger	Males Allowed

YOUTH 11 YEARS & YOUNGER

Youth	Hip-Hop	Males Allowed
Youth	Jazz	Males Allowed
Youth	Pom	Males Allowed
Youth	Hip-Hop	Males Allowed
Youth	Jazz	Males Allowed

JUNIOR 14 YEARS & YOUNGER

Junior	Hip-Hop	1 Male Allowed
Junior	Open Hip-Hop	2 + Males
Junior	Jazz	Males Allowed
Junior	Pom	Males Allowed

SENIOR – AT LEAST 1 MEMBER 15 YEARS & OLDER

Senior	Hip-Hop	1 Male Allowed
Senior	Pom	Males Allowed
Senior	Jazz	Males Allowed

SENIOR OPEN- ALL MEMBERS AT LEAST 17 YEARS & OLDER

Senior	Open Jazz	Males Allowed
Senior	Open Pom	Males Allowed
Senior	Open Hip-Hop	2 + Males

UNIVERSITY

University	Pom	Males Allowed
University	Hip-Hop	Males Allowed
University	Jazz	Males Allowed

Solos are only offered at Northern/Southern Cheer and Dance Championships and All Star Weekend

DANCE SOLO DIVISIONS

Mini	Hip-Hop	Males Allowed
Mini	Jazz	Males Allowed
Youth	Hip-Hop	Males Allowed
Youth	Jazz	Males Allowed
Junior	Hip-Hop	Males Allowed
Junior	Jazz	Males Allowed
Senior	Hip-Hop	Males Allowed
Senior	Jazz	Males Allowed
University	Hip-Hop	Males Allowed
University	Jazz	Males Allowed

CHEER SOLO DIVISIONS

Cheer	5yrs & Younger	Males Allowed
Cheer	6-7 years	Males Allowed
Cheer	8-9 years	Males Allowed
Cheer	10-11 years	Males Allowed
Cheer	12-13 years	Males Allowed
Cheer	14 – 15 Years	Female Only
Cheer	16 Years & Up	Female Only
Cheer	14 - 15 Years	Male Only
Cheer	16 Years & Up	Male Only

JAZZ

A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

POM

Pom poms must be used 80% of the routine. Important characteristics of a pom routine include synchronization and visual effect, clean and precise motions, strong pom technique, and incorporate dance technical elements. Visual effect includes level changes, group work, formation changes, the use of different color poms, etc.

HIP HOP

Routines emphasize the street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

DANCE DIVISION NOTES

- ✓ For Complete rules and guidelines, please visit our web site www.W-Cheer.net and view the Rules & Safety Guidelines book.
- ✓ Be sure to read and understand all Rules & Safety guidelines before turning in registration paper work.
- ✓ All Dance Teams must have a minimum of 7 members with no maximum.
- ✓ Dance solo Divisions are limited to one participant.
- ✓ The age that participants are as of August 31st 2012 will be the age they are to compete at for the 2012-2013 season.
- ✓ Performance cannot exceed 2 minutes and 30 seconds. Timing will begin with the first note of music or the first choreographed movement.
- ✓ The oldest participant on any dance team determines the age division that group will enter.
- ✓ Coach or Sponsor is required to carry proof of age for all team members

CHEER SOLO NOTES

- ✓ Be sure to read and understand all Rules & Safety guidelines before turning in registration paper work.
- ✓ Cheer Solo routines are limited to 1:15 minutes.
- ✓ All Competitors must start within the competition area and may line up anywhere in the competition area.
- ✓ All tumbling skills MUST be completed on the performance Surface
- ✓ One representative from your group will be responsible for running your music during the competition.
- ✓ A formal cheer is not required in the Cheer Solo division. However, competitors will be scored on proper motion technique.
- ✓ Competitors may use signs, megaphones, flags and poms. No other props are allowed.
- ✓ Tumbling skills follow Level 5 guidelines. Standing Tumbling, Running Tumbling, Dance, Motions and Jumps should be included in a Cheer Solo Routine.

DANCE SOLO NOTES

- ✓ Be sure to read and understand all Rules & Safety guidelines before turning in registration paper work.
- ✓ Dance Solo routines are limited to 1:15 minutes.
- ✓ All Competitors must start within the competition area and may line up anywhere in the competition area.
- ✓ Competitors may not leave the performance surface during the routine.
- ✓ One representative from your group will be responsible for running your music during the competition.
- ✓ Tumbling is NOT allowed. Exception: forward, backward rolls & shoulder rolls
- ✓ Allowing the full weight of your body to drop to the floor on any area without using your hands to assist the fall is prohibited

World Cheerleading Coalition

One Team Roster must be filled out for each division entered

Team Name _____

Division _____ Level _____

Head Coach _____ Event Attending _____

	Competitor Name	Date of Birth	Age	Gender M/F	Teams competing on (1 st , 2 nd , 3 rd)	Crossover (to/from) another program
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TEAM ARTICLES OF UNDERSTANDING

- II. Before filling out registration forms please read and understand rules and guidelines to ensure that you are registering your team or stunt group in the correct division and level. It is not the fault of WCC for teams that are placed in the wrong division or level by any coach or sponsor. In the event that a team is placed in the wrong division or level, WCC will make every attempt to place that team in the correct division before or at the event. If it is found to be impossible to move the team that team will be disqualified. In the event of a disqualification no refunds will be given.
- III. The age that participants are as of Aug 31st, 2012 will be the age group that team will enter. A coach or sponsor must have proof of age
- IV. The oldest participant on any team determines the age group that team will enter.
- V. All team members must begin with both feet on the performance surface, inside the performance area.
- VI. Timing of the routine will begin with the first note of music, first words of cheer, first organized motion or building of stunt or pyramid.
- VII. Total time of routine can be no longer than 2:30 for cheer teams, 2:30 for dance teams, 1:15 for solos and 1:15 for group and partner stunts. This time includes any cheers or chants performed with or without music. Teams exceeding time limit will incur penalties to overall score or up to disqualification.
- VIII. A coach or sponsor must be responsible for handling team music during the competition. This coach or sponsor will be responsible for running music during the performance. This coach or sponsor must remain at the sound table during the entire performance.
- IX. Music may be played from an iPod, MP3, Media Player, or CD. Coach or sponsor must provide a back up in the event a CD will not play. Some CD players will not play certain custom burned CDs. **We highly suggest using a portable media player.**
- X. Cheer teams may use poms, flags, megaphones and signs. No other props will be permitted.
- XI. Participants may cross compete where applicable. Cross competition is limited only by age requirements.
- XII. Group stunt and partner stunt routines are limited to 1 minute and 15 seconds. All music. Dance, motions, tumbling or jumps will not be scored and may negatively affect your score.
- XIII. Partner stunt and stunt group competitors must provide a spotter that is familiar with the routine.
- XIV. All members of a University team must be enrolled in the University that the cheer team represents.
- XV. No team or stunt group is guaranteed another team to compete against. In the event of a one team division possible combinations will be reviewed and made at the discretion of WCC officials.
- XVI. In the event that a routine is interrupted due to the fault of WCC event staff, the facility or its staff, or equipment failure, the coach of that team will be given the option of continuing from the point of interruption, starting over or withdraw from the competition.
- XVII. In the event the routine is interrupted due to a failure of the teams equipment (tape, CD, etc) or an injury the coach will be given the option of continuing from the point of interruption or withdraw from the competition.
- XVIII. WCC event staff reserves the right to stop a performance due to injury.
- XIX. WCC is not responsible for events in your travel plans that might affect your arrival at the competition or a team performance. WCC will make every effort to accommodate your team in the event an issue arises. In the event it is discovered that it is impossible to resolve any said issues in a timely manner that team will be disqualified. In the event of a disqualification no refunds will be given.
- XX. Size of competition floor 42ftx52ft
FLOOR (9 rolls of mat)
- XXI. Management has the right to refuse entry.
- XXII. **Any changes made to the running order will incur a £35 fee per change one day event £35 / two day event £70**
- XXIII. TO ENSURE PROPER DELIVERY, PLEASE ADD admin@W-CHEER.NET TO YOUR SAFE SENDERS LIST**
- XXIV. In an effort to uphold a competitive environment, WCC reserves the right to close, combine or open divisions at any time leading up to each event.
- XXV. Office hours Monday-Thursday 10am-4pm
Tel: 07943804058 Email: admin@w-cheer.net

Team Liability & Wavier Form

Each program must have one Liability & Wavier Form COMPLETED

I, an Adult participant or as parent or legal guardian of competitor listed below, A minor (herein after "Minor"), hereby grant the permission necessary to allow Minor to participate in the Clinic to be conducted by World Cheerleading Coalition (hereinafter "WCC"). I, in my own behalf and on behalf of Minor, In absence of any negligence or other breach of duty by World Cheerleading Coalition or its servants and agents, you will be responsible for any loss, theft, injury, expenses including attorney's fees and cost or damages. World Cheerleading Coalition will not be liable under this contract for any loss or damage caused by them, their employees or agents in circumstances where: There is no breach of a legal duty of care owned to you by the WCC or by any of the WCC's employees or agents; or such loss or damage is not a reasonably foreseeable result of any such breach; [the] loss or damage result(s) from breach by you of any term of this contract.

I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, or catastrophic) and that I, in my own behalf and on behalf of Minor, acknowledge that Minor is assuming the risk of such illness or injury by participating in the Event. In the event of such illness or injury, I authorize WCC to obtain necessary medical treatment for Minor and hereby, in my own behalf and on behalf of Minor, release and hold harmless Releasees in the exercise of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of Minor for any illness or injury that Minor may sustain during the Event and while travelling to and from the site for the Event whether or not the Event actually occurs.

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I also herby acknowledge the inherent risks involved when taking part in cheerleading and dance, and have the necessary insurance cover in association with my team or organization have individual athletic insurance to cover such, in the unlikely event of an injury, accident, or loss when taking part. I also confirm that my child, has not been advised by a physician or paramedic to avoid substantial training and I do not know of any troubles that my unfavorably effect my child's health when taking part at the event. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Participant Release and Waiver Form constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

I understand that WCC produces promotional material relating to its programs. I understand that as a participant and/or a spectator at the Event that Minor may be included in videotapes or photographs taken during Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign, transfer and grant to WCC, its successors, assignees, licensees, sponsors, any television networks, and all other commercial exhibitors the exclusive right to photograph and/or videotape Minor and to utilize such videotapes and photographs and Minor's name, face likeness, voice and appearance as a part of the Event, in advertising and promoting the Event or in advertising and promoting similar future events. I further understand that neither WCC nor any third party is under any obligation to exercise any of the foregoing rights, licenses and privileges.

Event Attending:

Team Name:

#	Competitor Name	D.O.B (mm/dd/yy)	Age	Signature of Parent (under 18) or Signature of Athlete (over 18)	Email
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** This is a limited lifetime liability & waiver form. You do not have to resubmit this form for future events under World Cheerleading Coalition (WCC). Youths who turn 18 or change of legal guardian will have to resubmit this form

Head Coach Signature _____

SPORTSMANSHIP

This is an article adapted to fit our goals. Coaches please Read and Sign

Good sportsmanship occurs when teammates, opponents, coaches, and officials treat each other with respect. Kids learn the basics of sportsmanship from the adults in their lives, especially their parents and their coaches. Kids who see adults behaving in a sportsmanlike way gradually come to understand that the real winners in sports are those who know how to persevere and to behave with dignity— no matter where they place.

Parents can help their kids understand that good sportsmanship includes both small gestures and heroic efforts. It starts with something as simple as saying “hello” or waving at other teams before a competition, and includes acknowledging the talents of the other teams and their members good and accepting bad calls gracefully. Displaying good sportsmanship isn't always easy: It can be tough to congratulate the opposing team after not placing where you felt you maybe should have. But the kids who learn how to do it will benefit in many ways.

Kids who bully or taunt others at competition or other forums like the internet aren't likely to change their behaviour when in the classroom or in social situations. In the same way, a child who practices good sportsmanship is likely to carry the respect and appreciation of other people into every other aspect of life.

Good Sports Are Winners

Ask 6 or 7 year old who won and they may answer, "I think it was a tie." It's likely the question isn't of any real interest at that age. Kids may be more eager to talk about the stunts they did or dance they performed. But as they move into older and more competitive leagues, kids become more focused on winning. They often forget to have fun. Without constant reminders and good examples, they may also forget what behaviour is appropriate before, during, and after a competition. Kids who have coaches who care only about being in first place and say that anything goes as long as they win, pick up the message that it's OK to be bullies. If parents constantly pressure them to perform better or second-guess their every move, kids get the message that they're only as good as their last good performance — and they'll try anything to make one.

Adults who emphasize good sportsmanship, however, see winning as just one of several goals they'd like their kids to achieve. They help young athletes take pride in their accomplishments and in their improving skills, so that the kids see themselves as winners, even if the score sheets do not show the numbers going in their favour.

The best coaches — and parents— encourage their kids to play fair, to have fun, and to concentrate on helping the team while polishing their own skills.

Fostering Good Sportsmanship

Remember the saying "Actions speak louder than words"? That's especially true when it comes to teaching your kids the basics of good sportsmanship. Your behaviour during practices and competitions will influence them more than any pep talk or lecture you give them.

Here are some suggestions on how to build sportsmanship in your kids:

- Unless you're coaching your child's team, you need to remember that you're the parent. Shout words of encouragement, not directions, from the sidelines (there is a difference!).
- If you are your kid's coach, don't expect too much out of your own child. Don't be harder on him or her than on anyone else on the team, but don't play favourites either.
- Keep your comments positive. Don't bad-mouth coaches, players, or competition officials. If you have a serious concern about the way that competitions or practices are being conducted, or if you're upset about other parents' behaviour, discuss it privately with the coach.
- After a competition, it's important not to dwell on who won or lost. Instead, try asking, "How did you feel you did during the game?" If your child feels weak at a particular skill, like jumps, offer to work on it together before the next game.
- Applaud good routines no matter who's they are.
- Set a good example with your courteous behaviour toward the parents of kids on the other team. Congratulate them when their kids win.
- Remember that it's your kids, not you, who are playing. Don't push them into a sport because it's what you enjoyed. As kids get older, let them choose what sports they want to play and decide the level of commitment they want to make.
- Keep your perspective. It's just a Cheer or Dance. These are activities that kids choose to participate in because they are fun and they enjoy the activity.
- Look for examples of good sportsmanship in professional athletes and point them out to your kids. Talk about the bad examples, too, and why they upset you.

Finally, don't forget to have fun!!

I as coach or sponsor agree to always encourage my team members to exhibit good sportsmanship at all times.

Signed _____ Date _____

YOU DO NOT HAVE TO FILL THIS IN IF YOU HAVE ALREADY TURNED ONE IN FOR 2011/2012 SEASON



Inter-Program Crossover Policy 2012-2013

Dear Coaches,

Future Cheer & ICC would like to clarify the rules that both companies will be adhering to with regard to an athlete crossing over from one program to another. As it is our wish to encourage the growth of level 5 teams, whilst also taking into account the safety of athletes competing on multiple teams, we have put together the following rules which update the Age Grid for 2012-2013 published in October 2011.

Inter-Program crossovers:

- 1) An athlete who competes on a Level 1-4 team may not crossover that program to an additional program to compete on a team performing at Level 1-4 in any age group.
- 2) An athlete may not crossover from one program to an additional program to compete on a youth level 5 or a junior level 5 team.
- 3) An athlete may crossover from one program to **one** additional program's Senior 5 or Senior Coed 5 team. (An athlete cannot represent 3 or more programs at one event.)
- 4) An athlete may crossover from one program to one additional program's Senior Open Coed 6 or Senior Open All Girl 6 team. (An athlete cannot represent 3 or more programs at one event.)
- 5) An athlete cannot crossover on to two teams in the same division at Level 5 or Level 6. For example, Susie Smith cannot compete on Coyote Allstars senior level 5 and on Ace Allstars senior level 5.
- 6) Where a team utilizes inter-program crossovers at Level 5, that team is limited to having 20% of inter-program crossovers based on the total number of athletes on that Level 5 team. (For example, a senior level 5 team with 30 athletes can have a maximum of 6 athletes who also compete for another program at the same event). These restrictions do not apply to level 6 teams.
- 7) When an athlete crosses between programs the coach of both programs; the athlete and the athlete's parent/guardian (if under 18 years old) are required to sign an additional consent form for the inter-program crossovers. (This form can be found in the Event Producers' registration documentation). This consent form will be taken as declaration of Inter-Program crossovers. Failure to declare inter-program crossovers to an Event Producer at the time of registration will result in a penalty or possibly disqualification of both teams affected by said crossover.
- 8) The Event Producer will do their up most to ensure sufficient warm-up time for athletes crossing over within Levels 5 & 6, but cannot guarantee more than 10 minutes between performance times.

For further clarification on this policy, please contact Tessa Crow at fcadmin@btconnect.com or Adele Leather at admin@w-cheer.net

Best wishes

Adele Leather - ICC

Tessa Crow - Future Cheer

INTER-PROGRAM CROSSOVER CONSENT FORM

The following consent form must be signed by the Head Coach of both programs that the athlete will compete with, the athlete and their parent/guardian (if Under 18 years old). This consent form needs to be completed for EACH EVENT that an inter-program crossover is registered. One form is required for each athlete who will be crossing over onto a separate program.

We the undersigned confirmed that we have read and agree to abide by the 'Inter-Program Crossover Policy 2012-2013'.

We understand that by acting outside of this policy we risk the disqualification of both teams involved in the crossover from the competition.

We understand that the Event Producer will allow sufficient warm-up time for inter-program crossovers as set out in the policy, but that these are subject to change should there be a delay to the schedule on the day of the event

We recognise the importance of safety and of acting in a way that will best protect the athlete's physical and mental wellbeing. We agree that if at anytime it appears that the inter-program crossover is impacting negatively on the athlete, we will act to rectify this by withdrawing the athlete from one or more team performances.

We agree that if the Event Producer raises concerns about the well-being of the athlete, we will work together to find a solution, that may include withdrawing the athlete from one or more teams.

Coach of Primary program:

Name: _____ Program Name: _____

Signed: _____ Date: _____

Coach of Secondary program:

Name: _____ Program Name: _____

Signed: _____ Date: _____

ATHLETE:

Name: _____ Date of birth (on 31st August 2012): _____

Signed: _____ Date: _____

PARENT/GAURDIAN (If athlete is under 18 years old):

Name: _____ Signature: _____ Date: _____